

Swiss Group Meeting with Master Kumar

02 July 2014, Hergiswil, Switzerland

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The Master had invited the Swiss group members, who are actively linked with the WTT for this meeting, and 10 members could come. He then gave a warm welcome and presented his wife, Krishna Kumari, his son; Sekhar (Guru Prasad) and his nephew (Ramana) to the group.

"We are in Switzerland for 3 days I thought one day we meet those whom I have seen before in Switzerland. I have no specific idea to teach but we can have an interaction. Unless if there is a specific aspect of the teaching, teaching does not happen. The feeling was to be one day with the group, working with the group and being with the group is the Aquarian way of living. Otherwise we cannot really experience the consciousness beyond individualistic consciousness. That is the reason of being here; it is not a structured class of teaching. I am happy that you are here and we have come together.

Is there any specific question towards the philosophy of life we can work it out. You need not sit in a manner as in school, you can be normal.

Q: How can we better work together as a group?

A: For a group to be together there has to be a common work. Common work has to be found between the members of the group, what a work can be done, it should serve the group. This should be found. This develops group consciousness. Man normally tends to be individualistic, some part of him can be individualistic and a major part has to be groupal. This develops the personality. When we relate to the group there is an exchange of energies in the group and therefore the individualisation; the process of individualisation takes to a different dimension of group. While staying individualistic the group consciousness is also developed. By this, there is the exchange of groupal energies and the related joy.

When we are alone at home is one thing and when we are in a group is another thing. Normally everyone is locked in oneself. If the exchange is not made one crystallizes in oneself. In a group by exchange the one learns from the other. By nature when we are alone we tend to be individualistic; we cannot adapt to the surroundings. For the personality to develop it is important to adjust. Therefore man is in a community. You cannot exchange with the entire society but people who have the same ideas can come together and do something for the community. For that the wisdom says, community living, group living, community meals and prayers, community work, that is how community is formed to experience group consciousness.

In a group there is sharing of energy. Slowly working with the energies makes a group a family. A family is a group where there is a free flow of energy. Today the family is in a danger. The individualisation is causing walls between the members. More and more one gets individualised. One gets disconnected with all the surrounding life energies. The consciousness that we are is universal. Universal consciousness expresses individually, like one electricity expresses as so many lights. Consciousness always looks for unity and not separativity. A natural group like a family is today no more able to work as a group; this leads to an excessive individualism which is contrary to the nature of consciousness.

Consciousness is by nature staying united. Excessive individualisation leads to excessive mind. Even if there is someone sitting next to you there is no relation to him. In nature, it is a family system; the flowers live together as a bunch of flowers and not as single flowers. A bunch of flowers is more beautiful than individual flowers. There is strength in being together. Today more and more is tending to be intellectual and individual; it is difficult to tolerate another person next to him and less to exchange with him. Today people feel the company of a cat, a dog or a rat better than a man next to them. That is a demonstration of intolerance towards co-human beings. The person withdraws, and it forms a prison towards the

consciousness he really is. Therefore there is a suffering in individualism. The wisdom teachings instruct from individuality to personality and from personality to group consciousness, from group consciousness to universal consciousness. The contrary is a process of condensation; everything becomes very strict in life. Nature has the tendency to reverse the inversion. It is like a flower that unfolds, it doesn't show its beauty when it is closed.

We look at a bud of a flower and wait for it to unfold. Likewise each one of us can unfold like a flower with 8 layers of petals. Then the potential for real human being is realised. The reversing process of excessive individualism for this group living is given. We try to bring together our strength so that we can do common work - the common work, common study, common prayer, common eating, common travel. When these things periodically happen, this would release a person from constriction. In the beginning of 20th century especially to the west the concept of group work has been imparted by teachers of wisdom.

Before the 2 world wars of 20th century, there was a good family system, even in the European and American countries. By industrialisation there has been a change in the way of life, leading to individuals becoming more a system than the group. This has led to excessive individualism. The consequence of individualism is strong individual viewpoints - what I think is right. There is no way to accommodate another viewpoint. When one lives continuously in one pattern he cannot see other viewpoints. It tends to make intolerant towards other viewpoints. It reduced the vision to a single viewpoint. And one tries to impose one's viewpoint on the other.

We see that each one of us has a different viewpoint as per the food, the weather, the life events. To some less salt is tasty, for others more salt. That both possibilities are there is not realised. Sun is good for some, for others it is good when it is clouded. To be able to see from every viewpoint leads one to vision. To stand by one's viewpoints leads to excessive individualism and he cannot see the beauty of nature.

What is comfort? There are different views, also what is tasty, what weather is good – in everything there are different views. To be able to accommodate the different views and develop a vision, that is group consciousness. When we group together, it is different from personalities grouping together. We should see the difference as complementary but not as disagreement. That is where frequent meetings and doing something together is a way to liberate oneself. If you are just individuals - I do my own breakfast, I drive my car to my work, I see just my work and am not related to people around; I take my own meals and don't participate in the meals with others and then I drive again home, I cook and eat and watch TV – all alone. When no life is shared the beauty of human potential is not shared.

The rose bud can unfold by being in relation to others. The whole life in its beauty is to see it in relation. The more you are related to the surroundings, beginning with the humans, the energy flows out and you keep opening. If you only take the energy inside, even by prayers, you remain a closed bud. When you observe yourself while traveling - there are many people but no one relates to the other. This way we build walls between each other and restrict substantially our potential of experiencing life. Where there is communication there is the joy of unfoldment.

Q: I have a question concerning a topic which ... In the work I do in preparations for the exam or in giving a concert I work with an alignment by which they can work from inside out and I have shown it to you some time ago. I understood from you that when a sculpture which is broken or doesn't have the purpose.... I have started working with symbols like the cube, octahedron or the WTT symbol to find the alignment inside. The octahedron in the cube, how is the relation in a more subtle understanding? I have realised, when the students succeed to align inside there is an answer through sound. Directly something opens and becomes round. That is my question.

A: music is an art far beyond science. The more you build structures of science for an art you will be building a lot of hurdles, impediments. Music is the essence of the soul, it should flow. It flows if you follow the rhythm of sound, the up and down of a tone as you module. If they relate to it, more and more the inner alignment happens. Let them follow the dance of the

tune relating to the sound. You modulate the voice in music. They should try to keep their consciousness just by the sound, nothing else.

The best key to learn music is to just listen, to be able to listen completely as we utter forth, and how it is moving in different tones. That leads them to automatic alignment. In the music the meditation is already included. Meditation is the means for alignment. So working with music, one should follow how the sound is moving the tones. Please inform the students to relate to the modulations of sound and let it be a very conscious listening to the modulations of sound; then they will enjoy.

If one is with music and doesn't enjoy it is difficult. Any good music, when you listen, even a person who is not a music student keeps moving. Something makes him move inside; this can happen only when there is a conscious listening.

Another aspect is, let there be no focus on examination or performance; it obstructs their learning. Examination has an obstructive effect on the students, it makes them learn for examination but learning is not for examination but to frame the consciousness in relation to the subject. If a part of the being is directed to the exam there is a part which cannot learn.

They should be given the technique to relate to the sound and sing wherever they want. To relate with the musical tone is the most important. Once it is there it is without relation to time and place, this can make the best come out.

The music means, the muse for the soul. The attention being on the audience or on the exam, it doesn't happen. Working with cubes and other things is not recommended. Instead you can give them spheres. If you have to give a number you should give eight as a double petal - anything artistic is more important in matters of art than other things; but even this is not necessary for music. Relating to the sound and the modulation is enough.

For example, if someone is playing the violin, the student should not look at the violin but close his eyes and look how the music is moving inside. The work is with the ear and not with the eye. If you see a good student of music, he listens and closes the eyes. Good singers don't look into the audience but look inside to the movement of sound.

To summarize, let them listen to what they hear, how you are singing. Let them learn to close their eyes so that the ears can function. Through seeing and hearing you are dividing the consciousness into 2 channels. If you really listen to good music, automatically the eyes close. When you close your eyes, you just hear through one channel; that is a more effective way of listening. Listening is more important in music; learning and looking into books is secondary. If you always look to the sound in a book it doesn't work. You have to listen with the ears. The good singers listen to singing. To attune with the sound is listening to the sound inside. Once that habit is created, then they can look into the books.

For example, for music, the art is supported by flowers or flowing rivers but not by a sacred fire. Certain things attune to the music very easily. Music is a science where a structured being is transformed into a flowing being. If you also impart music with the emphasis on structure the flowing music cannot be there. You create a rigid person. It should go beyond the structures of mind; then it works.

Normally in life, the more structures you build the more you arrest yourself. You can't eat the same breakfast in the same measure at different days. It is not the same day. A slight variation keeps the structure flexible. A range of action is easier than following a fixed track, the more so in music. Sometimes the soul doesn't want to sing. You cannot sing at any time. This freedom the students also should have. There are days the soul can sing better than on others. Not just because there is a bird it doesn't always want to fly. If the inspiration comes, you go into the music. The basic principle is to attune to the modulation of sound.

Q: If someone is in a big crisis, is there a way to get out of it more quickly?

A: Get out of the thought of crisis. View it as an observer. Then link yourself with the pool of consciousness which is bigger than our problem. We should come out and link to something which is bigger. Then we are reinforced by something that is bigger than your crises. And also relate to stories of those who have experienced much bigger crises. A crisis is born out of our actions, present or past. We may not notice that we are the source of the crisis but this doesn't matter. What we need to know, that we know that we aren't what we think we are.

We are all connected to the universal energy. Mind is an ability to attune to it. When you are attuned then it becomes stronger. When you see the crisis as a small line, when you see yourself smaller than the line, we feel the fear. When linking with the universal energy in the surrounding, you grow bigger than the vertical line of the crisis.

When you grow, the crisis becomes small. Meditation and prayer has been given to us as an instrument to meet the crises. In all theologies, prayer has been given to encounter the crises. We get the right thoughts and direction. Through time we dissolve. Every crisis has a certain duration. Everything that has been born has a span. You keep on relating to the higher energy system; slowly the crisis gets dissolved.

That is why it is said, crises enable expansion of consciousness. Every crisis, by clearing it we have grown further and thus dissolved the crisis. Life has its ups and downs and we overcome it by regular prayer. The more and more you work with the crises they become part of your system and you overcome them. Prayer and patience - that is enough. Yesterday we saw the film "Terminal". A man was not allowed to get into the nation nor could he go back because there was war in his country. He had to live at the terminal gates where he had arrived. Slowly he makes it his home and even lives better than the chief of the terminal. The ingenuity happens. We say, necessity is the mother of invention. In crises our awareness is much more alert. When we relate to above, especially when there is an understanding of the higher energy; that gives force.

Q: I work with healing herbs. Do we have a mantra before we study, before the work with the healing herbs to give the blessings on the plants?

A: The plant kingdom is guided by 3 sounds. There is the sound HA, a female sound, and the sound RI, another female sound, and then the sound THA - HÂRITHÁ. The plants react well on the sound. HÂRITHÁ. That is the sound. It gives nourishment, it enables the plant to gain more nourishment from the surroundings and enables growth. HRI relates to nourishment and the sound THA relates to establishment - stable ground to grow. That sound can be formulated into a mantra: OM SREEM HÂRITÁYA NAMAHA, meaning, salutations to the angel of HÂRITHA. You have the details of the sound also in Secret Doctrine.

Q: Can I also use it when I prepare a tincture?

A: Anything where you work with the plant kingdom.

Q: Is there a sound?

A: OM HÂRITHÁYA NAMAHA / OM SREEM HÂRITHÁYA NAMAHA.
OM SREEM HÂRITHÁYA NAMAHA.

You can do it as long as you are working with the plants.

Q: More and more people suffer from burnouts. Is there a common pattern to it and is there a general way to deal with it? Sometimes there is a total breakdown.

A: The breakdown of the energy system – fill yourself on a daily basis with the blue. The energies don't deplete. Forget about burnout, you won't deplete. As you receive the blue into the system, it takes to different colours in different centres and it assimilates with different colours in different centres and thus creates balance. You can do it before sleep, and also as he has the habit of prayer and contemplation let him contemplate on the blue. Blue is the essence of all poised life. It evens all unevennesses.

Q: Is there a common pattern that is causing this?

A: First there is imbalance of thought and speech. There is an uneven speed in work and speech. An overspeeding for some time and a sudden rest for another time. When there is an overspeeding, already the burnout starts. In the psyche it has to be set in balance. There the blue helps to balance. Blue, red and yellow – the blue balances the red and yellow.

Q: You said something about the colour, if I imagine...

A: In blue, yellow is included but in yellow blue is not included. Blue is nothing but white in its depth. When white is in the bottomless depth, it appears as blue. It is from the blue all other colours start. Therefore you should take the blue; it balances all the other colours.

When the velocity is low the blue balances the relation, golden to yellow, yellow to green and ultimately it becomes black. Red tends to be orange and rose. The red is balanced by blue; the yellow is also balanced by blue. Blue adjusts the system according to the need. If some healer knows this colour is deficient, he can give just that colour. To know the specific colour, one needs to get the details relating to the person, the natal chart. Then you give the particular colour. Blue can be generally given to balance the things. Blue is called the colour of synthesis. Synthesis is the optimum blend of energies in oneself.

We will just utter OM and close our eyes.

We had a 30 minutes meditation, starting with 7 times OM and ending with OM Shanti, Shanti, Shantihi.

I afterwards gave the Master a paper with questions from me, and he wrote down the answers on the paper - one as per autumn equinox (whether it is better to celebrate it the weekend before as a group living or just on the precise day, where people are working during the day - he wrote: 23rd Sept -> evening meditation); another where there were different options around where to organise the next May Call (-> the one near the German-French border, in Alsace).

The third question was about a remark in the Welcome Address of WTT Germany, which is also published in the Jubilee Book of WTT-Germany): "Master CVV left his physical body on March 12th, 1922, he promised his followers that he would return in the year 1945 to continue his work... The same constellation in the sign of Sagittarius that prevailed in 1910, where the energies visited the earth, is found in his (Master KPKs horoscope. This consensus foreshadows the incarnation of Master CVVs soul in Master KPK....")

I asked if the prophecy has been given by Master CVV or is it a claim of the followers. The Master wrote: "Return of Master C.V.V. in 1945 has been a prophecy, recorded in the Tamil books of his followers."

We then had a joyful dinner together and afterwards the Master said good-bye by shaking hands to each one.